USANA® HealthPak makes it easy to get the micronutrients you need every day. A 28-day supply of core supplements in convenient daily packets, HealthPak delivers advanced nutrition when and where you want it. HealthPak includes the CellSentials™ with U.S. patent-pending InCelligence cell-signalling technology, plus the exclusive MagneCal™, and CellSentials Booster. This combination provides advanced nourishment for your cells. Plus, the innovative formulas made with InCelligence Technology unlock the innate intelligence of your cells to protect and renew good health.

Each packet contains the following:

- **CellSentials™**: Vita-Antioxidant with InCelligence Complex (2 tablets) page 14
- **CellSentials**: Core Minerals (2 tablets) page 12
- **MagneCal** (1 tablet) a HealthPak exclusive!
- **CellSentials Booster** (1 tablet) a HealthPak exclusive!

**THE BENEFITS OF HEALTHPAK**

Busy days can cause you to eat a less-than-ideal diet or forget to take your supplements. However, one of the most important aspects of achieving vibrant optimal health is maintaining consistent, optimal levels of nutrients in your body. HealthPak makes it easy for you to get the full range of nutrients you need every day, even when you’re on the go.

**THE SCIENCE OF HEALTHPAK**

The CellSentials cellular nutrition system supplies optimal amounts of vitamins, minerals, phytonutrients, and more. The proprietary InCelligence Complex in Vita-Antioxidant goes beyond delivering optimal nourishment to also activate cells’ endogenous antioxidant protection and mitochondrial renewal support. The exclusive CellSentials Booster builds upon the protection and renewal activity initiated by the CellSentials. Available exclusively in HealthPak, the CellSentials Booster was formulated entirely based on USANA InCelligence® Technology. It is formulated with four powerful nutrients shown to influence a broad network of cell-signalling pathways: alpha-lipoic acid, USANA’s patented Olivo™ olive fruit extract, quercetin, and Pterocarpus marsupium extract containing pterostilbene.

This unique combination delivers enhanced support for mitochondrial renewal with nutrients that target the cell-signalling pathway that initiates mitochondria. Mitophagy helps renew healthy cellular function at the end of the metabolism cycle by breaking down and removing damaged mitochondria left behind in the cell after the production of adenosine triphosphate (ATP), or cellular energy. This helps preserve cellular efficiency for optimum cellular energy production.

In addition to providing vitamins C and E, which are antioxidants for the maintenance of good health, the CellSentials Booster also provides more nutrients with InCelligence Technology that stimulate cells’ production of their own innate, endogenous antioxidants, such as glutathione and superoxide dismutase. Endogenous antioxidants are a dramatically powerful defense mechanism against oxidative damage, which can protect the health and longevity of cellular function.

Supporting these processes, as well as additional cell-signalling networks, will help build cellular resilience to help your body meet increased needs when your lifestyle demands it. And because most of us fail to get enough magnesium or calcium every day, MagneCal provides an added boost to provide more of these crucial nutrients.

**THE USANA DIFFERENCE**

With the world’s highest rated supplements—CellSentials—plus the exclusive MagneCal and CellSentials Booster, HealthPak provides the most convenient and comprehensive nutrition you need for vibrant health every day. The individually wrapped pouches make it easy to stay consistent, even on the go. And the exclusive CellSentials Booster is a powerful supplement formulated entirely with InCelligence Technology for outstanding protection to help preserve your health and optimize your span with normal aging.