Active Calcium Chewable is a carefully formulated, comprehensive bone health supplement in a chewable form.

THE BENEFITS OF ACTIVE CALCIUM CHEWABLE

USANA's Active Calcium Chewable provides the same benefits as the tableted form of Active Calcium. It, too, can help ensure you get sufficient amounts of calcium every day to help in the maintenance of your bones and teeth. The chewable tablet is ideal for teens, those who dislike swallowing tablets, and pregnant women or anyone who suffers from occasional heartburn.*

Because the teenage years are a critical stage in development, USANA formulated this chewable calcium supplement to make it easier for those 12 and over to get enough calcium in their diet to keep bones healthy and strong. Preadolescent girls who take a calcium supplement experience greater gains in bone mineral content than those who do not.

Additionally, the calcium and magnesium compounds in Active Calcium Chewable act as an antacid, neutralizing stomach acids and thereby eliminating heartburn symptoms while also supplying calcium. This is especially helpful for pregnant women, who often suffer from heartburn and who also need adequate calcium to maintain healthy bones and support the baby's developing bones and teeth as well.*

THE SCIENCE OF ACTIVE CALCIUM CHEWABLE

Our entire skeletal structure is not static. It constantly remodels itself and, every 10 years, we have an entirely new skeleton. This remodeling process requires sufficient amounts of calcium and vitamin D to form the bones properly. And, if there isn’t enough calcium or vitamin D available from the diet, it can result in bone loss and, possibly, osteoporosis. Adequate calcium and vitamin D are part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.*

Vitamin D enhances both calcium absorption in the small intestine and calcium utilization in bone formation. Without sufficient vitamin D, bones can become thin, brittle, or misshapen. It also influences the utilization of phosphorus, another mineral that is important for the bone remodeling process.*

An essential nutrient that plays a key role in the bone remodeling process, magnesium helps in the development and maintenance of bones and teeth. Approximately 60–70 percent of the magnesium in the body is found in the skeleton, and higher intakes have been associated with higher levels of bone mineral density. Supplementing is especially important for middle-aged or older adults who are not receiving sufficient amounts of magnesium from their diet.*

THE USANA DIFFERENCE

Active Calcium Chewable combines two forms of highly absorbable, elemental calcium with additional bone-supporting ingredients in a chewable form. The ingredients complement each other to provide support for healthy bones.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.